

FOOTBALL MEMORY MOVE



MR. CLARK'S PHYSICAL
EDUCATION STORE

MEMORY MOVE EXPLAINED

STUDENTS START IN THEIR SQUADS OR DESIGNATED SPOTS. TEACHER SAYS ONE OF THE 32 FOOTBALL-RELATED WORD AND STUDENTS PERFORM MOVEMENT!

TEACHER REVIEWS EACH WORD SLOWLY AND THE MOVEMENT TO START. THEN BEGINS TO RANDOMLY CALL THEM OUT FOR CLASS TO PERFORM AS FAST AS THEY CAN WITHOUT ASSISTANCE.

TEACHER CAN CALL STUDENTS UP TO CALL OUT FOR CLASS OR EVEN PARTNER STUDENTS UP AND HAVE THEM TAKE TURNS CHALLENGING EACH OTHER.

GOALS OF ACTIVITY

MOVEMENT

FUN

FITNESS

MEMORY

LISTENING SKILLS

SPORTSMANSHIP

CREATIVITY

UNDERSTAND FOOTBALL TERMS

FOOTBALL TERM

MOVEMENT

SPECIAL TEAMS

HIGH KNEES

FUMBLE

CURL UP IN BALL

DEFENSE

SHUFFLE IN PLACE

3 PT. STANCE

2 FEET/HAND ON GROUND

TOUCHDOWN PASS

THROW (CORRECTLY)

KICK FG

KICK (CORRECTLY)

SACKED

LAY ON BACK

BLOCK FIELD GOAL

JUMP UP HIGH

INTERCEPTION

HIGH STEP

TOUCHDOWN

BEST DANCE MOVES

FOOTBALL TERM MOVEMENT

SWITCH LAY ON STOMACH AND ROLL BOTH WAYS

WINNING COACH

SHAKE EACH OTHER'S HANDS AND SAY GOOD GAME

CAM NEWTON SUPERMAN REVEAL

ODELL BECKHAM 1 HANDED GRAB

CHAMPIONS

PRETEND TO PUT GATORADE ON SOMEONE

COMPLETION BRING ARMS IN

TIMEOUT HUDDLE UP WITH 2 PEOPLE

SAFETY PUT HANDS TOGETHER OVERHEAD

FALSE START MAKE CIRCLES WITH HANDS

FOOTBALL TERM MOVEMENT

NO CATCH CROSS CROSS ARMS

OUT OF BOUNDS SWING 2 HANDS TO SIDE

HEISMAN TROPHY

1 LEG UP AND HANDS TO SIDE

PASS PATTERN

MAKE SHAPE WITH MOVEMENT

RUNNING BACK PROTECT BALL AND RUN

COMPLETION

THUMBS TOGETHER UP HIGH

PINKIES TOGETHER DOWN LOW

FOOTBALL TERM MOVEMENT

THE BAND IS ON THE FIELD
EVERYONE RUNS AROUND CRAZY

TEAM MASCOT

ACT LIKE AN ANIMAL OF YOUR FAVORITE TEAM

GAME CLOCK

STUDENTS MOVE AROUND FOR 10 SECONDS
AND FREEZE WHEN THEY HEAR THE WHISTLE

CREATE YOUR OWN